

6. Instructions for female pelvic scanning

1. Report to the reception and inform the front office staff that you are reporting for scanning
2. Purpose: This test provides a picture of the pelvis including the uterus and ovaries.
3. The scan is safe and most patients find it to be painless. There is no radiation involved.
4. Preparation: Patients should drink 32 ounces of fluid approximately 1 hour prior to the exam. Please do not empty your bladder during this time!! Medications can be taken prior to the examination.
5. Procedure: The procedure will take approximately 45 minutes but examination times can vary. After you are in the ultrasound examination room, you will be asked to change into a gown.
6. You will then be placed on a stretcher and a water-based gel will be spread over your pelvic area. This gel helps to provide us with quality images.
7. A plastic device called a transducer will be placed over your pelvic area and moved back and forth to obtain the images necessary to answer your physician's questions.
8. Sometimes an adequate study cannot be obtained just by scanning over your pelvic area. If this is the case, another type of pelvic ultrasound may be offered to you. It is called a transvaginal ultrasound examination and entails the following: you must empty your bladder; you will then be placed on a stretcher with stirrups similar to those in your gynecologist's office. We have a transducer specifically designed for this study. These transducers are sterilized between patients and covered with a non-latex sheath during the ultrasound examination. Most patients find the transvaginal ultrasound similar to a pelvic examination done in your gynecologist's office.
9. After Care: After the test, you may resume all normal activities. Your attending physician will discuss the results of your ultrasound examination with you.